

Reserve the Date

A Talk About Caregiving with Caregivers

AFSM Webinar

October 21st, 2025

11:00 am to 12 pm (EST)

Please use this link to register:

https://paho-org.zoom.us/webinar/register/WN_MjCyPaY-Rc6j7dRIMJSfAA

Just as there is not one academic degree that qualifies a person to be a 'parent', there is no preparation for training any one of us to become a caregiver of a loved one.

However, throughout our lives, we have learned and practiced many skills that are essential for our role as caregivers, such as: identifying problems, finding solutions, setting priorities, and making decisions while managing a lot of stress and uncertainty.

This webinar will review with a panel of AFSM-experienced caregivers how we apply the lifelong abilities we've gained to our new responsibilities of caring for a family member.

The webinar will be conducted in English, with simultaneous translation provided.